



# Seniors' Health and Wellness Institute

COSCO

## Donation Form

Seniors' Health and Wellness Institute presents workshops to seniors' groups all over the province, free of charge and free of jargon. Our volunteer facilitators are all seniors who donate their time and expertise.

Every dollar you donate is used to provide facilitators and develop our workshops. We give workshops on more than 45 topics, each aimed at supporting the ongoing health and well-being of seniors in BC. More than 50,000 people have attended our workshops.

## Our Work Depends on Your Support

Please use this form and send in your donation. Cheques should be made payable to:

**COSCO Seniors' Health and Wellness Institute Society.**

We are a registered charity so any donation over \$10.00 will receive a tax receipt.

Date: \_\_\_\_\_ Amount: \$ \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Mail your cheque and the form above to:

A. Jackman  
Seniors' Health & Wellness Institute Treasurer  
821-20<sup>th</sup> Street  
New Westminster  
V3M 4W7

**THANK YOU FOR YOUR GENEROSITY**

Registered Canadian Charity: 80164 9062 RR0001