



Seniors' Health and Wellness Institute

COSCO

Donation Form

Seniors' Health and Wellness Institute presents workshops to seniors' groups all over the province, free of charge and free of jargon. Our volunteer facilitators are all seniors who donate their time and expertise.

Every dollar you donate is used to provide facilitators and develop our workshops. We give workshops on more than 45 topics, each aimed at supporting the ongoing health and well-being of seniors in BC. More than 55,000 people have attended our workshops.

Our Work Depends on Your Support

Please use this form and send in your donation. Cheques should be made payable to:

COSCO Seniors' Health and Wellness Institute Society

We are a registered charity so any donation over \$10.00 will receive a tax receipt.

Date: _____ Amount: \$ _____

Name: _____

Address: _____

Mail your cheque and the form above to:

Agnes Jackman
Seniors' Health & Wellness Institute Treasurer
#305 - 404 Seventh Street
New Westminster, BC
V3M 3L1

THANK YOU FOR YOUR GENEROSITY

Registered Canadian Charity: 80164 9062 RR0001